



## TEACHING AND LEARNING

# LIFUS - 1 DAY

Thank you for acquiring the syllabus and course programme for Huminact's 1-day Teaching and Learning course for line training/line check Captains (LIFUS). This training course is fully EASA compliant. It is conducted over 8 hours (including breaks) and can be delivered on site or as a live, instructor-led training course via Zoom. The course equally meets the requirements of CAA, FAA, ICAO, CASA and other major regulatory bodies and is therefore suited for participants worldwide.

### COURSE TIMINGS

**From 09:00 - 17:00 (CET)**

Are you in a different time zone? Please contact for options of conducting this course in a different time-zone.

### PRE-STUDY

Please note that in addition to the 8-hour training course we ask you to take the time to fill in a pre-study with questions and a few tasks to complete prior to joining the course. The pre-study will be sent to you approximately 5 days prior to the course and takes approximately 30 minutes to complete.

### COURSE OBJECTIVES

The objective of this Line Training Captain's CRM course is for the participant to acquire the knowledge and to develop the skills necessary to effectively and respectfully carry out the role of a Line Training/Check Captain. The course is suitable for both new and experienced Line Training Commanders and touches on modern teaching and learning principles, non-technical elements and coaching and feedback techniques. On course completion, the delegate will receive our trainer's toolbox with a summary of essential training techniques discussed during the course.

### THE FOLLOWING TOPICS ARE COVERED/TOUCHED UPON

- The learning process and obstacles to learning
- Attitude, skills and knowledge
- The teaching process and training philosophies
- Individual briefings and pre-flight briefings
- Student evaluation and testing
- CRM assessment of student performance
- How to diagnose and root causes
- Facilitation, feedback and debriefing techniques for maximum learning
- Behaviours and attitudes

#### ABOUT US

We guarantee that our trainees find the contents meaningful and can relate these to their immediate work and everyday life - regardless of industry. We provide human factors training designed to make an impact.

#### OUR SERVICES

For more than 10 years we have welcomed participants from various industries on our human factors courses. All our courses are compliant with requirements of EASA, ICAO, CAA, FAA and CASA but suitable for all industries.

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# COURSE PROGRAMME

## LESSON 1 (one hour)

- Welcome and introduction
- How would you like to be as a trainer
- Phases of a training session
- Your role as a trainer
- How perception can affect learning
- The Triune Brain
- Course objectives

## LESSON 2 (one hour)

- Learning principles
- Factors that affect perception
- Obstacles to learning
- How humans learn
- The power of autonomy
- The effect of praise on learning
- The difference between intelligence and effort
- Studies related to effective learning

## LESSON 3 (one hour)

- Pre-flight briefings
- Instruction vs facilitation
- Effective use of questions
- Setting the right atmosphere
- Instructor and examiner approach
- Role plays (recorded)
- Feedback on role plays

## LESSON 4 (one hour)

- The flight
- What to look for
- NOTECHS
- Examples of observable NOTECHS
- "I know I see a good example of..." (group work)
- Video clip
- The importance of a neutral, non-judgmental approach

## LESSON 5 (one hour)

- Attitudes and behaviors
- Assertiveness
- Task versus people orientation
- Choosing the right comments
- Base your feedback on factual, observable behavior
- Feedback techniques and feedback structure
- Tools for dealing effectively and assertively with conflict

## LESSON 6 (one hour)

- Debrief and feedback practice session
- Role plays (recorded)
- Feedback on role plays
- 7 trigger words
- Why some questions are counterproductive
- Questions for effective debriefing
- Summary of key learning elements
- Story telling
- Course dispersal and certification

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